

## October 2022 SCA K-4 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Beef & noodles, carrots, peaches, milk or juice	<b>4</b> Ham & cheese wraps, carrot sticks, applesauce, milk or juice	<b>5</b> Chick-fil-A, chips, butterscotch pudding, milk or juice	<b>6</b> Frito chili pie, corn, pineapple, milk or juice	<b>7</b> Ham pizza, salad, banana, cookie, milk or juice
<b>10</b> Chicken Alfredo, peas, pears, milk or juice	<b>11</b> Hot dog, baked beans, applesauce, milk or juice	<b>12</b> K-2: Chick-fil-A, chips, banana pudding, milk or juice 3-4: Arby's roast beef sandwich, chips, banana pudding, milk or juice	<b>13</b> Steak patty, green beans, peaches, milk or juice	<b>14</b> Pepperoni pizza, carrot sticks, apple, cake, milk or juice
<b>17</b> Salisbury steak, mashed potatoes w/gravy, peaches, milk or juice	<b>18</b> BBQ beef sandwich, baked beans, applesauce, milk or juice	<b>CLOSED</b> <b>Fall Break</b>	<b>CLOSED</b> <b>Fall Break</b>	<b>CLOSED</b> <b>Fall Break</b>
<b>24</b> Chicken & noodles, green beans, pears, milk or juice	<b>25</b> Ravioli, carrots, peaches, milk or juice	<b>26</b> K-2: Chick-fil-A, chips, chocolate pudding, milk or juice 3-4: Arby's roast beef sandwich, chips, chocolate pudding, milk or juice	<b>27</b> Corn dog, baked beans, applesauce, milk or juice	<b>28</b> Sausage pizza, carrot sticks, banana, cookie, milk or juice
<b>31</b> Beef soft tacos, corn, pineapple, milk or juice	<b>1</b> Cheeseburger, baked beans, applesauce, milk or juice	<b>2</b> Chick-fil-A, chips, butterscotch pudding, milk or juice	<b>3</b> Ham & cheese wraps, carrot sticks, peaches, milk or juice	<b>4</b> Ham pizza, salad, apple, cookie, milk or juice

<b>Hot meal</b>	Monday, Tuesday, Thursday	K-2: \$3.75 3-4: \$4.05
<b>Drinks</b>	Everyday	K-4: Small milk or juice \$0.75 3-4: Water, chocolate milk, orange juice, gatorade \$1.75
<b>Chick-fil-A Day/Arby's</b>	Wednesday	K-2: 8pc Chicken nuggets, chips, pudding, milk or juice \$4.75 3-4: Sandwich, chips, pudding, milk or juice \$4.75
<b>Pizza</b>	Friday	K-2: 1 Piece of pizza, vegetable, fruit, dessert, milk or juice \$4.25 3-4: 2 Pieces of pizza, vegetable, fruit, dessert, milk or juice \$4.75

## October 2022 SCA 5-8 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Beef & noodles, carrots, peaches, milk or juice	<b>4</b> Ham & cheese wraps, carrot sticks, applesauce, milk or juice  <b>A la carte</b>	<b>5</b> Chick-fil-A, fries, butterscotch pudding, milk or juice	<b>6</b> Frito chili pie, corn, pineapple, milk or juice	<b>7</b> Ham pizza, salad, banana, cookie, milk or juice  <b>Baked potato bar</b>
<b>10</b> Chicken Alfredo, peas, pears, milk or juice	<b>11</b> Hot dog, baked beans, applesauce, milk or juice  <b>A la carte</b>	<b>12</b> Arby's roast beef sandwich, chips, banana pudding, milk or juice	<b>13</b> Steak patty, green beans, peaches, milk or juice	<b>14</b> Pepperoni pizza, carrot sticks, apple, cake, milk or juice  <b>Baked potato bar</b>
<b>17</b> Salisbury steak, mashed potatoes w/gravy, peaches, milk or juice	<b>18</b> BBQ beef sandwich, baked beans, applesauce, milk or juice  <b>A la carte</b>	<b>CLOSED</b> <b>Fall Break</b>	<b>CLOSED</b> <b>Fall Break</b>	<b>CLOSED</b> <b>Fall Break</b>
<b>24</b> Chicken & noodles, green beans, pears, milk or juice	<b>25</b> Ravioli, carrots, peaches, milk or juice  <b>A la carte</b>	<b>26</b> Arby's roast beef sandwich, chips, chocolate pudding, milk or juice	<b>27</b> Corn dog, baked beans, applesauce, milk or juice	<b>28</b> Sausage pizza, carrot sticks, banana, cookie, milk or juice  <b>Baked potato bar</b>
<b>31</b> Beef soft tacos, corn, pineapple, milk or juice	<b>1</b> Cheeseburger, baked beans, applesauce, milk or juice  <b>A la carte</b>	<b>2</b> Chick-fil-A, fries, butterscotch pudding, milk or juice	<b>3</b> Ham & cheese wraps, carrot sticks, peaches, milk or juice	<b>4</b> Ham pizza, salad, apple, cookie, milk or juice  <b>Baked potato bar</b>

<b>Hot meal</b>	Monday, Tuesday, Thursday	\$4.05
<b>Salad bar</b>	Everyday	\$4.15
<b>Pint drinks</b>	Everyday	Sweet tea, chocolate milk, orange juice, gatorade, sparkling ice, water \$1.75
<b>A la carte</b>	Tuesday	7oz Pretzel \$3.25 Tornado \$3.25 Empanada \$3.25
<b>Chick-fil-A Day</b>	Wednesday	Sandwich only \$4.25; Sandwich, fries, pudding, milk or juice \$4.75 8pc Nuggets only \$4.25; Nuggets, fries, pudding, milk or juice \$4.75
<b>Arby's</b>	Wednesday	Sandwich only \$4.25; Sandwich, chips, pudding, milk or juice \$4.75
<b>Pizza</b>	Friday	Pizza Only \$4.25; 2 Pieces of pizza, vegetable, fruit, dessert, milk or juice \$4.75
<b>Baked Potato Bar</b>	Friday	\$4.00
<b>Chips and Cookies</b>	Tuesday & Thursday	Variety \$1.00
<b>Ice Cream</b>	Tuesday & Thursday	Variety \$1.75

# October

2022



September						
S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

November						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
	Orange Chicken Fried Rice Egg Roll <b>*Chicken Cesar</b>	Chicken Alfredo Toast <b>*Chicken Cesar</b>	Hot dog Tator tots <b>*Ground beef taco</b>	Beef Soft Taco Chips and salsa <b>*Ground beef taco</b>	Pizza <b>*Italian Chicken Salad</b>	
9	10	11	12	13	14	15
	Steak Fingers Mashed pots <b>*Apple Walnut Chicken</b>	Beef lasagna Toast <b>*Apple Walnut Chicken</b>	Chicken and waffle Home Fries <b>*Chicken Fajita</b>	Beef Tequitos Rice. Beans. <b>*Chicken Fajita</b>	No School	
16	17	18	19	20	21	22
	Orange Chicken Fried Rice Egg Roll <b>*Mandarin Asian Chicken</b>	Chicken Alfredo Toast <b>*Mandarin Asian Chicken</b>	Cheeseburger French Fries <b>*Chef House</b>	Chicken Quesadilla Chips and Salsa <b>*Chef House</b>	Pizza <b>*Italian Chicken Salad</b>	
23	24	25	26	27	28	29
	Corndogs Cheesy Hashbrowns <b>*Strawberry Fields Chicken Salad</b>	Spaghetti and meatballs. Toast <b>*Strawberry Fields Chicken Salad</b>	Chicken Tenders Mashed pots <b>*Chicken Bacon Ranch</b>	Beef Nachos (w/ toppings lettuce, salsa, sour cream, jalapeños) <b>*Chicken Bacon Ranch</b>	Pizza <b>*Italian Chicken Salad</b>	
30	31	1	2	3	4	5
	BBQ Meatball Mac and Cheese <b>*Chicken Fajita</b>					